

OUR

PROMISE

TO YOU

The Torbay pledge to cared  
for and care experienced  
children/young people  
2021 – 2022

# BEING IN CARE

# OUR PLEDGE

# YOU SAID



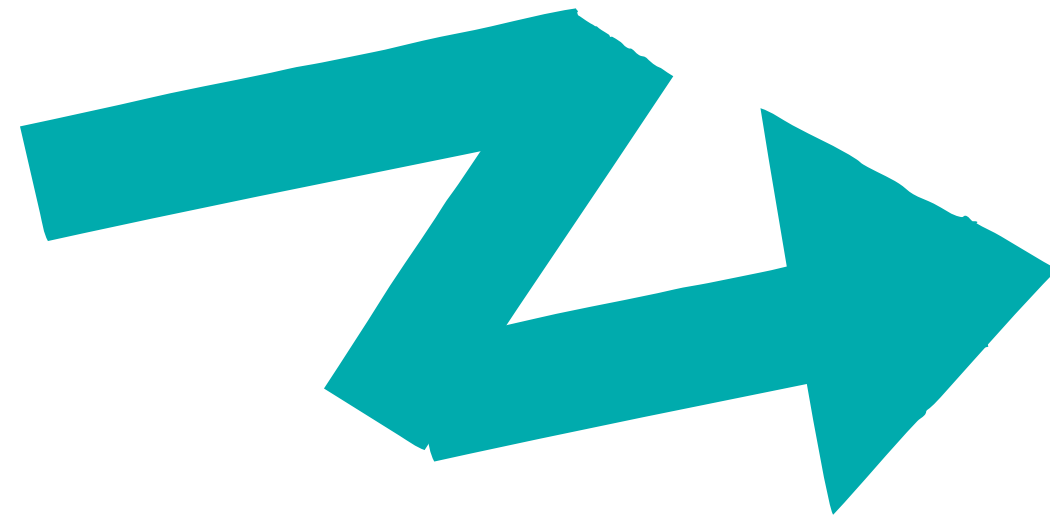
- Explain things to us in a way that we can understand
- Help us to feel comfortable and listen to us
- Treat us as you would your own child
- Always involve us where we want it, so we don't need to ask
- Find out about our story first so we don't have to repeat it, unless we want to

- We will come prepared, and we will listen
- Your views will come first, but we will be honest about what we can do
- We will ask you about what your goals are and support you to achieve them
- We will work with your carers to ensure your home is the best it can be
- We will explain your rights using language that is easily understood
- We will use Language that Cares\*

\*Language That Cares -TACT Fostering & Adoption ([tactcare.org.uk](http://tactcare.org.uk))

# OUR WELL-BEING

## YOU SAID



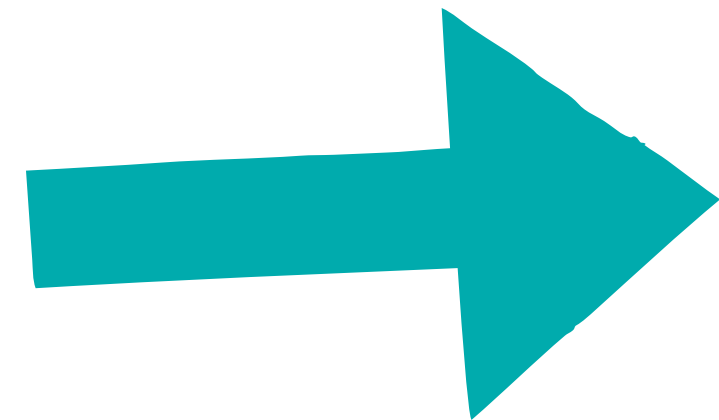
## OUR PLEDGE

- Help us to feel safe, secure and supported
- Support us to find a balance of healthy choices and informed decisions
- Help us to feel good about ourselves and loved
- Support us to be resilient, able to deal with uncertainty and to learn from our own experiences

- We will work together to help to support your sense of well-being and personal identity
- We will work together to keep you safe (safety planning)
- We will develop a plan to ensure you are healthy and wanting to have good choices called a Personal Health Plan
- We will ensure you have support and advice, so you are less likely to take certain risks or be open to exploitation by others
- We will support you to access regular health and dental checks and any appointments or treatment you may need –virtually and in person

# OUR SUPPORT AND LEARNING

## YOU SAID



## OUR PLEDGE

- Treat us just like any other children and young people, and as individuals
- We have our own history, but it may or may not define us
- Help us to stay at our current school or college if we like it - if we have to move, please provide us with clear reasons why
- Help us to enjoy our learning

- We will respect your privacy and work to ensure that you are not singled out or bullied at school, college, or in any other setting
- We will work closely with your school, college or provider and offer you easy to understand reasons for any changes
- We will always listen and take your views into account
- We will develop a Personal Education Plan of the things you do in school, so you are helped to do well
- We will use our training to be thoughtful about the challenges you have faced

# OUR TIME

## YOU SAID



- Support us to find activities that enable us to have fun, be creative and have our say
- Respect our relationships with any family and friends we may have, including if we have any brothers and sisters who may not live with us
- Please enable us to have choices about any family time or social time that we want
- Arrange activities and any family time we may have in advance and to fit it around the things that we like

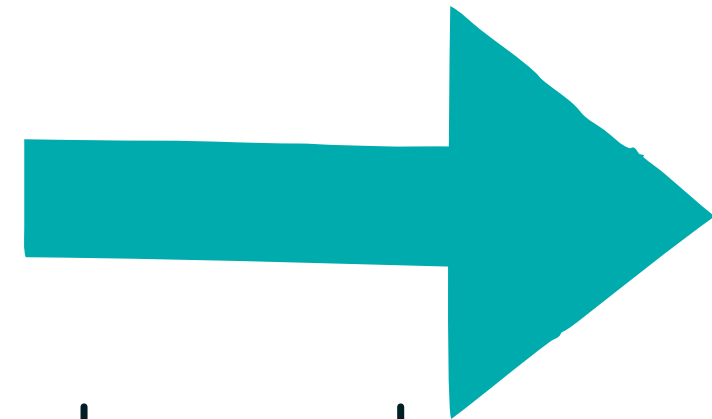
# OUR PLEDGE

- We will work with your carers to ensure you have opportunities that you enjoy and enable you to have your voice if you want to
- We will plan visits in advance and involve you in those plans
- We will help you to stay in contact with any family you may have if you want that and explain the reasons if this is not possible



# OUR FUTURE

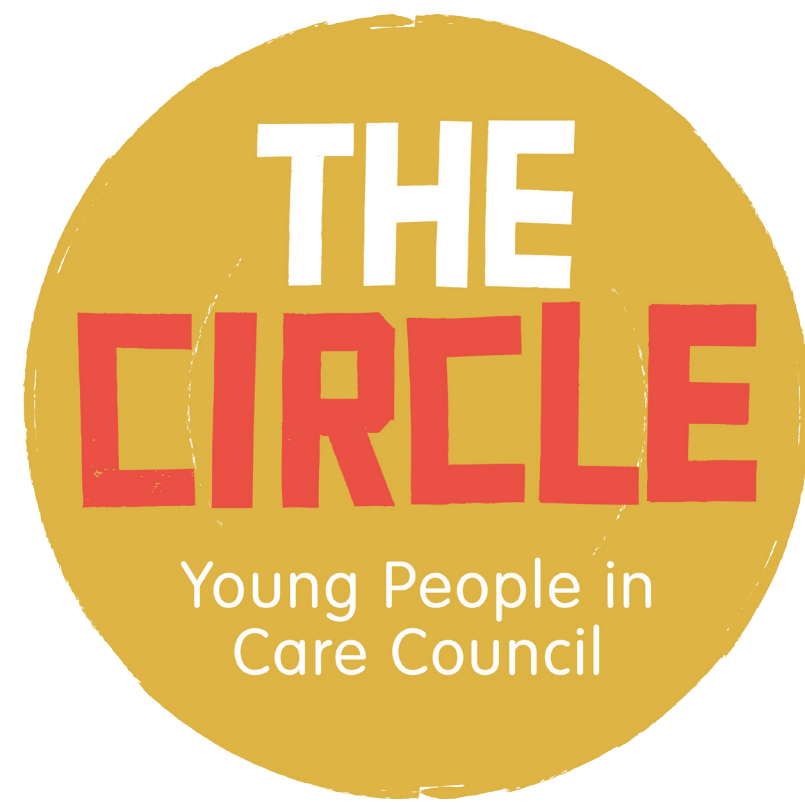
## YOU SAID



## OUR PLEDGE

- Please be positive about our lives and our goals
- Support us to grow and become independent as we get older
- Give us guidance when we want it, when we don't just let us know you are there for us
- Support us to become confident and equip us to deal with challenges, but allow us the freedom of our own direction too
- Let us fail sometimes, as everyone does, but celebrate our talents and skills

- We will support you to know that challenges and uncertainty are part of life and growth
- We will celebrate your achievements with you in the ways that you would like
- We will encourage and support you to take up opportunities in education, employment and training until the age of at least 21, in ways that suit you
- We will work with you to develop the life skills we all need to achieve our goals and have the best opportunities for the future



## Your chance to have your say and meet with decision makers

The Pledge has been reviewed by The Circle as part of a Torbay wide (and out of area) consultation with young people in care and care experienced adults. Thank you for all your contributions.



Understanding who we are together

The Cared for Community and The Circle are delivered by Torbay Youth Trust as part of our commissioned work for Torbay Council.

The Children in Care Community is open to all children and young people aged 8 to 18 years who are cared for by Torbay Council, wherever you live. You are welcome to be involved and have some fun regularly, occasionally or online through our monthly Clubs, Virtual Space and The Circle.



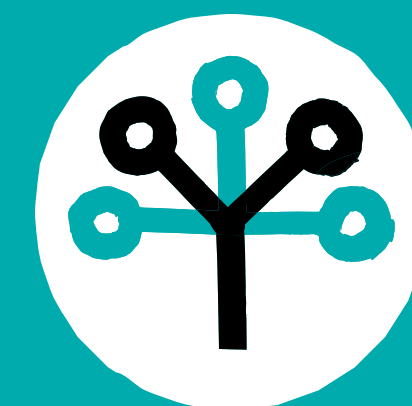
Open mic for care leavers

The Circle is Your chance to have your say and meet with decision makers.

My Voice is a new group for young people aged 16+ years and is your chance to get involved in social action, explore your aspirations for the future and have your voice.

**PLEASE  
GET  
IN TOUCH**

Torbay Youth Trust  
07920806455  
admin@torbayyouthtrust.org.uk  
www.torbayyouthtrust.org.uk



**TORBAY  
YOUTH  
TRUST**

Putting Children &  
Young People First